

## PLAYERS MEETINGS

As a coach, you should look at yourself as having the privilege to instruct and teach a new skill to a young athlete which they will have for a lifetime. But, more importantly, you have the opportunity to help establish values such as fair play, good sportsmanship and practice/hard work ethics.

Therefore, it is recommended that after each practice having a brief meeting with your players (you can include parents) to discuss these topics. Some possible issues could include:

- Discussing respect for opponents. Remember we can't have games without them!
- Respect for officials. All players make mistakes - so do officials.
- Support teammates and cheer when you aren't in the game.
- Go over rules of the game. Why do we have rules?
- What does "trying your best" mean?
- Ask your players why they want to play? The answer may surprise you!

Of course, these are only suggestions to topics. Regardless, it can be good to end practice with a brief meeting. It quiets the athletes down before leaving and promotes good team unity.

